



ALL DAY BREAKFAST

[V] Vegetarian
 [VG] Vegan
 [GF] Gluten free
 [DF] Dairy free
 [VGO] Vegan option
 [GFO] Gluten free option (ask staff)

Ask our staff about our weekly specials!

Check out what's in our pastry cabinet

Please let our staff know if you have any allergies

Public holiday 15% surcharge applies

Kitchen closes
 1.30pm Weekdays
 1.00pm Weekends

Mon - Fri
 6.30am - 2.00pm
 Sat - Sun
 7.00am - 1.30pm

230 Lillian Ave,
 Salisbury, 4107, QLD

ph: (07) 3190 9185

@cupsandwells



EGGS YOUR WAY [GFO]	12.5
Eggs your way served on toasted sourdough with tomato relish	
EGGS BENEDICT [GFO]	20.5
Choice of bacon/ halloumi/ smoked salmon (+2) kale, onion jam, paprika hollandaise, poached eggs + toasted english muffin	
AVO ON PRETZEL [GFO]	18
Smashed avocado, lemon oil, salsa verde, nut crunch, whipped ricotta on toasted pretzel topped with snow pea tendrils	
Add halloumi or bacon 6	
BREAKFAST WRAP/ BURGER [V, GFO, VGO]	17.5
Bacon, fried egg, spinach, cheese, BBQ, aioli, on toasted bun/wrap	
Add hash browns or chips 5	
HALLOUMI & MUSHROOM BURGER	18.5
Halloumi, fried egg, truffle mushrooms, tomatoes, spinach, onion jam, aioli on toasted brioche bun	
FRIED CHICKEN CROFFLE	22
Fried chicken, croffle, poached eggs, paprika hollandaise, house pickles	
Add hash browns or chips 5	
BIG BREKKY [GFO]	25
Poached eggs, German bratwurst, bacon, avocado, roast tomato, spinach, hash brown, tomato relish, toasted sourdough	
TRUFFLE MUSHROOM [V, VGO, GFO]	21
Truffle mushroom, poached egg, nut crunch, salsa verde, sautéed greens served on toasted sourdough	
CORN SPINACH FRITTERS [GF, VO]	20.5
Choice of bacon/ halloumi/ smoked salmon (+2), avocado, salsa verde, pistachio crunch, lemon oil, roast tomato, corn fritters.	
Add eggs 5	

SAVOURY MINCE	21.5
Wagyu beef mince, fried egg, sautéed greens, house pickles served on toasted sourdough topped with shaved parmesan	
BISCOFF CROFFLE [V, GF]	21.5
Churro croffle, vanilla ice cream, biscoff sauce, cookie crumble, seasonal fruits, lemon balm	
TROPICAL BOWL [VG]	17
Mango & pineapple sorbet, granola, coconut yoghurt, seasonal fruits.	
ACAI BOWL [VG]	17
Acai, granola, coconut yoghurt, seasonal fruits.	
BOWL OF FRIES	8.5
With aioli	
KIDS BACON & EGG (12 & UNDER)	9
Bacon, egg on toasted white bread	

SANDWICHES

REUBEN	14.5
Pastrami, swiss cheese, sauerkraut, russian dressing on sourdough	
B. S. T.	14.5
Bacon, spinach, tomato, swiss cheese aioli on sourdough	
HAM & CHEESE TOASTIE	14.5
Ham, swiss cheese, tomato, mayo	

ADDS

Eggs	5	Roast tomato	3.5
Bacon	5.5	Toast	3.5
Mushrooms		Sauce	2
Halloumi		Gluten Free bread	+1
Avocado		Chips	5.5
Bratwurst	6	Hash browns	
Smoked Salmon			



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COFFEE & TEA

Single Origin + Filter on rotation (ASK OUR STAFF WHAT'S ON)

Flat White, Latte, Cappuccino, Long Black, Filter

Cup 4.5

Mug 5.5

Espresso

Piccolo 4

Babyccino. Pupuccino 2

Cosecha Hot Chocolate, Chai Latte (Powder), Matcha Latte

Cup 4.5

Mug 5.5

Mocha, Dirty Chai

Cup 5

Mug 6

Decaf/ Extra Shot/ Caramel/ Hazelnut/ Vanilla 0.5

Soy/ Almond/ Oat/ Coconut/ Lactose Free Milk [HOT] 0.8

TEA 5.5

English Breakfast. Earl Grey, Peppermint, Gree, Lemongrass & Ginger

SMOOTHIES

ACAI SMOOTHIE 11

Acai, mango, pineapple, apple juice

VERY BERRY 10

Mix berry, mango, banana, apple juice

PINA COLADA 10

Pineapple chunks, banana, pineapple juice, coconut yoghurt

PEACHY GREEN 10

Peach, spinach, kale, mango, pineapple, pineapple juice

Peanut Butter 1

Vanilla Protein Powder [VG] 2

COLD DRINKS

Iced Latte, Long Black, Filter 6

Iced Chocolate, Chai Latte (Powder), Matcha 6

Iced Mocha, Dirty Chai 6.5

Decaf/ Extra Shot/ Caramel/ Hazelnut/ Vanilla 0.5

Soy/ Almond/ Oat/ Coconut/ Lactose Free Milk [ICED] 1

ICED TEA 6.5

Magic Mango, Sneaky Peach, Lemon Zest

ALLIE'S COLD PRESS JUICES 6.5

Watermelon, Valencia Orange, Sublime Pine

BOBBY'S ALL NATURAL SODAS 6.5

GOOD HAPPY KOMBUCHA 6.5

MILKSHAKES 10

Vanilla

Salted Caramel

Chocolate

Strawberry

Biscoff

Mocha

Coffee

Kids size available 6